




NOTICE


FREE MEDICAL HEALTH CHECK-UP CAMP & YOGA SESSION

(On the occasion of Nutrition Month)

The **Department of Home Science**, in collaboration with the **AYUSH Department**, is organizing a **Free Medical Health Check-up Camp and Yoga Session** for all students.

This event is being held to promote **health awareness, balanced nutrition, and physical fitness** through yoga and preventive healthcare. All participants will have an opportunity to receive a free health check-up and guidance on healthy living.

 **Date:** 14th October 2025

 **Time:** 10:30 a.m.

 **Venue:** Library Reading Room

All students are **cordially invited** to take part in this wellness initiative and make the most of this opportunity.

✨ **Stay Healthy • Stay Fit • Stay Happy** ✨